

**ACADEMIC YEAR 2022-2023****3.4.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Government and Government recognized bodies during the year 2022-23**

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
NSS/Govt Recognized Bodies				
BLOOD DONATION AWARENESS PROGRAMME	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	LIFE SAVE PROGRAMME	2022	59
MEDITATE FOR PEACE	ART OF LIVING	FIT INDIA	2022	110
TREE PLANTATION	ELELCTION DEPARTMENT, PUDUCHERRY	SWCHH BHARAT	2022	22
FIRST AID	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	LIFE SAVE PROGRAMME	2022	608
TOBACCO AWARENESS PROGRAMME	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	HEALTH AWARENESS	2022	381
CONSTITUTION DAY PLEDGE	ELELCTION DEPARTMENT, PUDUCHERRY	AWARENESS PROGRAMME	2022	580
AIDS AWARENESS PROGRAMME	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	HEALTH AWARENESS	2022	589
AIDS AWARENESS POSTER PRESENTATION	NATIONAL SERVICE SCHEME	HEALTH AWARENESS	2022	118
ORIENTATION PROGRAMME	GOVERNMENT HIGH SCHOOL, KALMANDABAM, PUDUCHERRY	AWARENESS PROGRAMME	2023	59
WORKSHOP ON TRDITIONAL YOGA AND MARTIAL ARTS	PARAMAATHMAM TRADITIONAL INDIAN MARTIAL ARTS AND FITNESS ACADEMY	FIT INDIA	2023	59

TEMPLE CLEANING	SRI MUTHU MARIYAMMAN TEMPLE. KURUVINATHAM, PUDUCHERRY	SWCHH BHARAT	2023	59
BLIND EVENT	NATIONAL SERVICE SCHEME	LIFE SAVE PROGRAMME	2023	59
WOMEN EMPOWERMENT	MAHATHMA GANDHI MEDICAL COLLEGE AND HOSPITAL	HEALTH AWARENESS PROGRAMME	2023	59
SCHOOL CAMPUS CLEANING	GOVERNMENT HIGH SCHOOL, KALMANDABAM, PUDUCHERRY	SWCHH BHARAT	2023	59
MOTIVATION SPEECH – STUDENT ROLE IN EDUCATION	BODHI GARDEN SCHOOL	VALUE EDUCATION	2023	59
CPR TECHNIQUES & AIDS AWARENESS	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	LIFE SAVE PROGRAMME	2023	59
AWARENESS PROGRAMME FOR ADOLESCENCE	KANCHIMAMUNIVAR PG STUDIES, PUDUCHERRY	FIT INDIA	2023	59
MOTIVATIONAL SPEECH	NATIONAL SERVICE SCHEME	HEALTH & LIFE SAVE PROGRAMME	2023	59
YOUTH DAY CELEBRATION	GOVERNMENT HIGH SCHOOL, KALMANDABAM, PUDUCHERRY	YOUTH INDIA	2023	59
Traffic awareness survey	PUDUCHERRY POLICE DEPT & IEI	WORLD ENVIRONMENT DAY	2022	100
NUTRITION FOR WORKING WOMEN- AN UPDATE	WOMEN EMPOWERMENT CELL & NSS	GUEST LECTURE	2022	106
LEGAL AWARENESS PROGRAM	WOMEN EMPOWERMENT CELL & NSS	GUEST LECTURE	2022	385
BREAST & CERVICAL CANCER	WOMEN EMPOWERMENT CELL & NSS	GUEST LECTURE	2022	70
SELF DEFENCE	WOMEN EMPOWERMENT CELL & NSS	WORKSHOP	2022	118
SELF GROOMING	WOMEN EMPOWERMENT CELL & NSS	SPECIAL LECTURE	2022	385
NUTRITION FOR WORKING WOMEN- AN UPDATE	WOMEN EMPOWERMENT CELL & NSS	GUEST LECTURE	2022	106

SESSION ON PERSONALITY DEVELOPMENT	WOMEN EMPOWERMENT CELL & NSS	AWARENESS PROGRAMME	2022	430
NATIONAL GIRL CHILD DAY	WOMEN EMPOWERMENT CELL & NSS	AWARENESS PROGRAMME	2023	30
CANCER AWARENESS SESSION "EARLY DETECTION OR YOUR PROTECTION	WOMEN EMPOWERMENT CELL & NSS	AWARENESS PROGRAMME	2023	209
SELF GROOMING AND PERSONALITY DEVELOPMENT	WOMEN EMPOWERMENT CELL & NSS	AWARENESS PROGRAMME	2023	46
START UP TAMIL IN ASSOCIATION WITH VELLI VENTURE	WOMEN EMPOWERMENT CELL & NSS	PRESENTATION	2023	400
SELF GROOMING AND PERSONALITY DEVELOPMENT	WOMEN EMPOWERMENT CELL & NSS	AWARENESS PROGRAMME	2023	350
WOMEN INSPIRING STORIES FOR WOMEN -ASSIST WORLD RECORD	WOMEN EMPOWERMENT CELL & NSS	MOTIVATION PROGRAMME	2023	55
WORLD NO TOBACCO DAY	WOMEN EMPOWERMENT CELL & NSS	RALLY	2023	100
YI SRTN - 'STUDENTPRENEUR EDITION 2- HOMEPRENEUR AWARDS	WOMEN EMPOWERMENT CELL & NSS	AWARD FUNCTION	2023	12



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(A Unit of Sri Manakula Vinayagar Educational Trust)

Kalitheerthalkuppam, Puducherry – 605 107.

NATIONAL SERVICE SCHEME

(ACADEMIC YEAR – 2022 -23)





NSS UNIT (PD-02-047)

CONSOLIDATED ACTIVITIES REPORT FOR ACADEMIC YEAR 2022-23

S.NO	Name of the activity	Date	Name of the agencies/consultants involved with contact details (if any)	Organizing Unit / Agency / Collaborating agency	Name of the Scheme	Year of the activity	Number of students participating in such activities
1	BLOOD DONATION AWARENESS PROGRAMME	09.05.2022	Dr.PRAVEEN COMMUNITY MEDICINE	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	LIFE SAVE PROGRAMME	2022	59
2	MEDITATE FOR PEACE	13.05.2022	Dr.SELVA KUMAR YOGA TRAINER ART OF LIVING 9629548617	ART OF LIVING	FIT INDIA	2022	110
3	TREE PLANTATION	04.06.2022	Dr.GOVINDASAMY ELECTION COMMISSIONOR, PUDUCHERRY 9488821647	ELECTION DEPARTMENT, PUDUCHERRY	SWCHH BHARAT	2022	22
4	FIRST AID	02.08.2022	Dr.JEGADHEESH 9789571832	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	LIFE SAVE PROGRAMME	2022	608



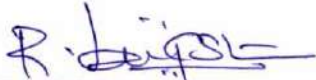
5	TOBACCO AWARENESS PROGRAMME	27.10.2022	Dr.S.SUBALAKSHMI ASSISTANT PROFESSOR 8870086625	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	HEALTH AWARENESS	2022	381
6	CONSTITUTION DAY PLEDGE	31.10.2022	Dr.S.MALARKKAN PRINCIPAL, MVIT 9444348554	ELECTION DEPARTMENT, PUDUCHERRY	-	2022	580
7	AIDS AWARENESS PROGRAMME	28.11.2022	Dr.S.SUBALAKSHMI ASSISTANT PROFESSOR 8870086625	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	HEALTH AWARENESS	2022	589
8	AIDS AWARENESS POSTER PRESENTATION	12.12.2022	Dr.S.MALARKKAN PRINCIPAL, MVIT 9444348554	NATIONAL SERVICE SCHEME	HEALTH AWARENESS	2022	118
9	ORIENTATION PROGRAMME	06.01.2023	Ms.GOWRI HEAD MISTRESS 9944442354	GOVERNMENT HIGH SCHOOL, KALMANDABAM, PUDUCHERRY	-	2023	59
10	WORKSHOP ON TRDITIONAL YOGA AND MARTIAL ARTS	07.01.2023	Mr.R.VINOTHKUMAR TREASURER 9790387678	PARAMAATHMAM TRADITIONAL INDIAN MARTIAL ARTS AND FITNESS ACADEMY	FIT INDIA	2023	59



11	TEMPLE CLEANING	08.01.2023	Mr.RAJENDRAN SECRETARY 9486423986	SRI MUTHU MARIYAMMAN TEMPLE. KURUVINATHAM, PUDUCHERRY	SWCHH BHARAT	2023	59
12	BLIND EVENT	08.01.2023	Mr.SANTHOSH DEPT.OF ECE NSS VOLUNTEER SECRETARY 9360500699	NATIONAL SERVICE SCHEME	LIFE SAVE PROGRAMME	2023	59
13	WOMEN EMPOWERMENT	09.01.2023	Dr.JANANI & Dr.A.L.DHARMAPRIYA 7639387398	MAHATHMA GANDHI MEDICAL COLLEGE AND HOSPITAL	HEALTH AWARENESS PROGRAMME	2023	59
14	SCHOOL CAMPUS CLEANING	10.01.2023	Mr.BALAMURUGAN PHYSICAL DIRECTOR 9787774557	GOVERNMENT HIGH SCHOOL, KALMANDABAM, PUDUCHERRY	SWCHH BHARAT	2023	59
15	MOTIVATION SPEECH – STUDENT ROLE IN EDUCATION	11.01.2023	Mr.PUGAZHENDHI CHAIRMAN 9894732225	BODHI GARDEN SCHOOL		2023	59
16	CPR TECHNIQUES & AIDS AWARENESS	11.01.2023	Dr.PRAVEEN COMMUNITY MEDICINE 6383720633	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL	LIFE SAVE PROGRAMME	2022	59



17	AWARENESS PROGRAMME FOR ADOLESCENCE	11.01.2023	Dr.KULANDASAMY PROFESSOR 9486366572	KANCHIMAMUNIVAR PG STUDIES, PUDUCHERRY	FIT INDIA	2023	59
18	MOTIVATIONAL SPEECH	11.01.2023	Mr.NAVIN KUAMR DEPT.OF ECE NSS VOLUNTEER SECRETARY 8754795849	NATIONAL SERVICE SCHEME	HEALTH & LIFE SAVE PROGRAMME	2023	59
19	YOUTH DAY CELEBRATION	12.01.2023	Ms.GOWRI HEAD MISTRESS 9944442354	GOVERNMENT HIGH SCHOOL, KALMANDABAM, PUDUCHERRY	YOUTH INDIA	2023	59


NSS PROGRAMME OFFICER




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Submitted by

NATIONAL SERVICE SCHEME CELL



EVENT

BLOOD DONATION AWARENESS PROGRAMME

NSS PROGRAMME OFFICER

Mr.R.Vijayaprasath ,Assistant Professor / Dept. of GE

DATE: 09.05.2022



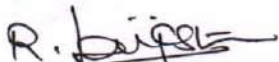
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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	BLOOD DONATION AWARENESS PROGRAMME
NAME OF THE ORGANIZER	Dr. PRAVEEN, COMMUNITY MEDICINE
NAME OF THE SCHEME	LIFE SAVE PROGRAMME
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	SMVMCH
DATE	09.05.2022
PROGRAM OBJECTIVE	TO ENCOURAGE PEOPLE TO DONATE BLOOD AND SAVE LIVES.
PROGRAM OUTCOME	PARTICIPANTS WILL BE MOTIVATED TO DONATE BLOOD AND WILL HAVE A BETTER UNDERSTANDING OF THE IMPORTANCE OF BLOOD DONATION.


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National Service Scheme – (PD-02-047)

BLOOD DONATION AWARENESS PROGRAMME

The blood donation awareness camp conducted by MVIT-NSS on 09.05.22 at 2.00 pm. The awareness is about the importance of donating blood and encourage more people to donate blood. The motive behind the programme is to address the shortage of blood supply in hospitals and healthcare facilities and save lives by increasing the number of blood donors. Educating people about the benefits of blood donation and how it can help save lives. Dispelling myths and misconceptions surrounding blood donation. Dr. Praveen Kumar interactively presented this program on raising awareness of blood donation. 59 persons



Welcome address by Mr.R.VIJAYAPRASATH, NSS PO,MVIT





Blood donation awareness programme was conducted on 09.05.2022 by Dr. Praveen Kumar



An interactive session has been approached by Dr. Praveen Kumar





Students are actively attended the session



Vote of thanks delivered by Mr.R.VIJAYAPRASATH, NSS PO,MVIT



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Submitted by

NATIONAL SERVICE SCHEME CELL



EVENT

MEDITATE FOR PEACE

NSS PROGRAMME OFFICER

Mr.R.Vijayaprasath ,Assistant Professor / Dept. of GE

DATE: 13.05.2022



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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	MEDITATE FOR PEACE
NAME OF THE ORGANIZER	Dr. SELVA KUMAR, YOGA TRAINER, ART OF LIVING
NAME OF THE SCHEME	FIT INDIA
NO. OF STUDENTS ATTENDED THE PROGRAM	110
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	ART OF LIVING
DATE	13.05.2022
PROGRAM OBJECTIVE	TO PROMOTE MINDFULNESS AND INNER PEACE.
PROGRAM OUTCOME	PARTICIPANTS WILL EXPERIENCE A GREATER SENSE OF CALM AND WILL BE ABLE TO MANAGE STRESS AND ANXIETY MORE EFFECTIVELY.


NSS PROGRAMME OFFICER




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National Service Scheme – (PD-02-047)

MEDITATE FOR PEACE

The yoga programme conducted by MVIT-NSS on 13.05.22 at 10.00am to 12.00 am to promote physical and mental well-being among individuals through the practice of yoga. The motive behind the programme is to create awareness about the numerous health benefits of yoga and encourage more people to adopt yoga as a regular part of their daily routine. Educating people about the different types of yoga and their benefits. Providing guidance and instruction on how to perform various yoga postures and breathing exercises. Emphasizing the importance of proper alignment and breathing techniques in yoga practice. Students performed yoga under the guidance of Dr. Selva, yoga trainer, art of living, pudhucherry, 110 students



Yoga programme was conducted on 13.05.2022 by Dr. Selva kumar





Students performing yoga



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Submitted by

NATIONAL SERVICE SCHEME CELL



EVENT

TREE PLANTATION

NSS PROGRAMME OFFICER

Mr.R.Vijayaprasath ,Assistant Professor / Dept. of GE

DATE: 04.06.2022



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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	TREE PLANTATION
NAME OF THE ORGANIZER	Dr.GOVINDASAMY ELECTION COMMISIONOR, PUDUCHERRY
NAME OF THE SCHEME	HEALTH AWARENESS
NO. OF STUDENTS ATTENDED THE PROGRAM	22
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	ELECTION DEPARTMENT
DATE	04.06.2022
PROGRAM OBJECTIVE	THE NEWLY PLANTED TREES WILL CLEAN THE AIR. THEY WILL CLEAN THE WATER RUNOFF FROM THE BUILDINGS WITH THEIR ROOTS.
PROGRAM OUTCOME	TREES GIVE OFF OXYGEN THAT WE NEED TO BREATHE, TREES REDUCE THE AMOUNT OF STORM WATER RUNOFF, WHICH REDUCES EROSION AND POLLUTION IN OUR WATERWAYS AND MAY REDUCE THE EFFECTS OFF LOODING.


NSS PROGRAMME OFFICER




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National Service Scheme – (PD-02-047)

TREE PLANTATION

On June 4, 2022, at 11:00 am, the MVIT NSS cell in association with Electoral Literacy Club, Puducherry organised a tree planting on our college's campus. The objective of tree sapling is to create awareness among the youth about environmental sustainability and the importance of preserving nature. Trees play a crucial role in maintaining the ecological balance by absorbing carbon dioxide from the atmosphere and releasing oxygen. A tree plantation program at a college can help in creating an eco-friendly campus and promoting environmental sustainability. The SWATCHH BHARAT SCHEME was used to hold this event. In total, 22 students took part in this event.



Tree sapling is planted by our principal and Chief Guest Dr .V.Govindsamy, Electoral Literacy Club, Puducherry



Our



college's HODs and assistant professors participated in a tree sapling



Preparing Pits for planting the tree saplings





Our NSS volunteers actively planted in Tree sapling for creating the green camps.



Group photo with Principal, Chief Guest and Volunteers



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Submitted by

NATIONAL SERVICE SCHEME CELL



EVENT

FIRST AID PROGRAMME

NSS PROGRAMME OFFICER

Mr.R.Vijayaprasath, Assistant Professor / Dept. of GE

DATE: 02.08.2022



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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	FIRST AID
NAME OF THE ORGANIZER	Dr.JEGADHEESH SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL, PUDUCHERRY
NAME OF THE SCHEME	LIFE SAVE PROGRAMME
NO. OF STUDENTS ATTENDED THE PROGRAM	608
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	SMVMCH
DATE	02.08.2022
PROGRAM OBJECTIVE	TO EQUIP INDIVIDUALS WITH THE NECESSARY SKILLS AND KNOWLEDGE TO PROVIDE IMMEDIATE ASSISTANCE AND CARE TO THOSE WHO HAVE BEEN INJURED OR ARE EXPERIENCING A MEDICAL EMERGENCY.
PROGRAM OUTCOME	PARTICIPANTS WILL BE ABLE TO ADMINISTER BASIC FIRST AID AND WILL BE EQUIPPED TO HANDLE MEDICAL EMERGENCIES UNTIL PROFESSIONAL MEDICAL HELP ARRIVES


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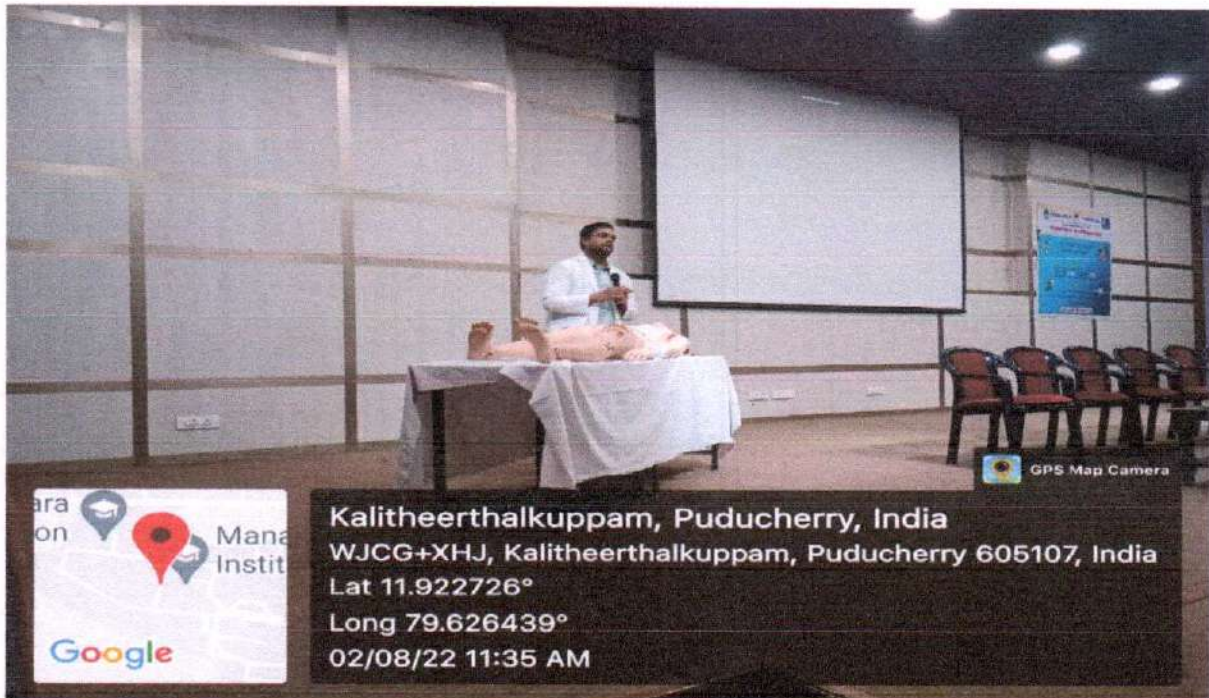
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National Service Scheme – (PD-02-047)

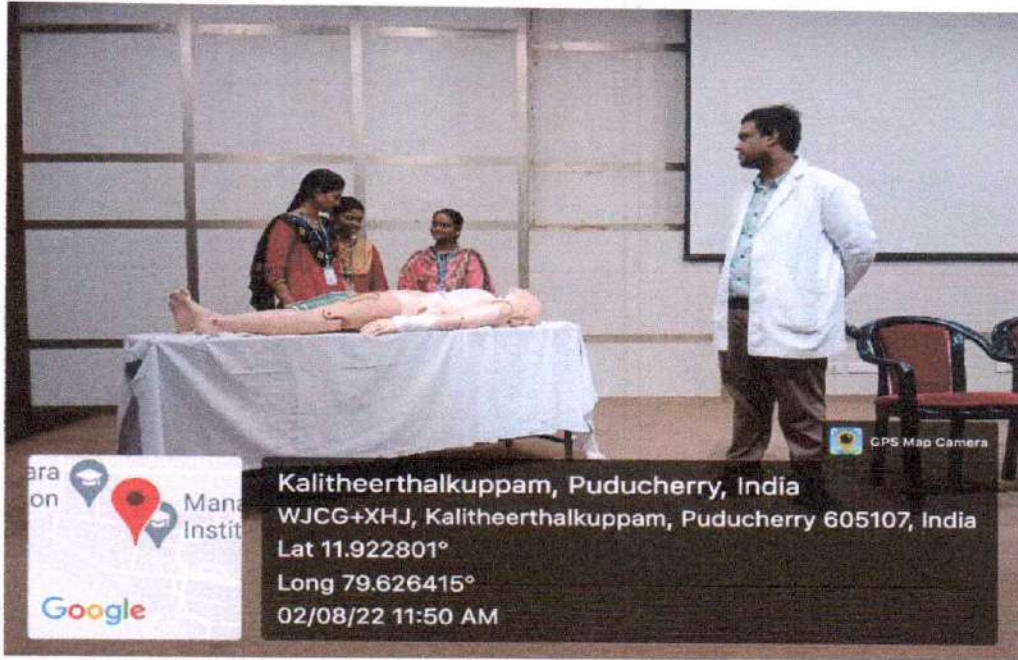
FIRST AID TRAINING PROGRAMME

A first aid and safety training session will be held on August 2, 2022, at 11:00 by our MVIT-NSS cell in collaboration with Sri Manakula Vinayagar Medical College and Hospital. The aim of a first aid programme is to provide participants with the knowledge, skills, and confidence they need to perform basic life support, recognise and handle medical emergencies, and provide immediate care for wounds. Dr. Jagadeesh gave this session's presentation. As a result of the initiative, 608 persons received the essential first aid training.



First aid awareness has begun by Dr. Jagadeesh





Students are learned and experienced the situation with Dr. Jagadeesh





Students are actively participated in the session



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Submitted by

NATIONAL SERVICE SCHEME CELL



EVENT

**TOBACCO AWARENESS
PROGRAMME**

NSS PROGRAMME OFFICER

Mr.R.Vijayaprasath, Assistant Professor / Dept. of GE

DATE: 27.10.2022



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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	TOBACCO AWARENESS
NAME OF THE ORGANIZER	DR.S.SUBALAKSHMI ASSISTANT PROFESSOR 8870086625
NAME OF THE SCHEME	HEALTH AWARENESS
NO. OF STUDENTS ATTENDED THE PROGRAM	381
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL
DATE	27.10.2022
PROGRAM OBJECTIVE	TO BRING ABOUT GREATER AWARENESS ABOUT THE HARMFUL EFFECTS OF TOBACCO USE AND TOBACCO CONTROL LAWS. TO FACILITATE EFFECTIVE IMPLEMENTATION OF THE TOBACCO CONTROL LAWS. THE OBJECTIVE OF THIS PROGRAMME IS TO CONTROL TOBACCO CONSUMPTION AND MINIMIZE THE DEATHS CAUSED BY IT.
PROGRAM OUTCOME	TO HELP SMOKERS QUIT AND TO RAISE AWARENESS OF THE HEALTH RISKS ASSOCIATED WITH SMOKING.


NSS PROGRAMME OFFICER




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National Service Scheme – (PD-02-047)

TOBACCO CONTROL AWARENESS

Our MVIT- NSS cell in association with Sri Manakula Vinayagar Medical College and Hospital organised the Tobacco awareness program in our college premises on 27.10.2022 at 11.00am. The objective of Tobacco awareness is to create awareness amongst the youth about the hazardous effects of tobacco consumption and to encourage them to adopt a healthy lifestyle by abstaining from the use of tobacco products. This awareness session was delivered conducted by Dr. Subalakshmi, state consultant, National Tobacco Control Programme. Overall 381 students are participated in this event.



Awareness on Tobacco Control was conducted on 27.10.2022 by Dr.Subalakshmi,Sri Manakula vinayagar medical College and Hospital



This session was given by Dr.Subalakshmi,Sri Manakula vinayagar medical College and Hospital





Students interact with the chief Guest



Students are actively participated in the session



Vote of thanks is given Mr.R.VIJAYAPRASATH, NSS PO,MVIT.



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Submitted by

NATIONAL SERVICE SCHEME CELL



EVENT

CONSTITUTION DAY PLEDGE

NSS PROGRAMME OFFICER

Mr.R.Vijayaprasath, Assistant Professor / Dept. of GE

DATE: 31.10.2022



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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	CONSTITUTION DAY PLDEGE
NAME OF THE ORGANIZER	MR.R.VIJAYAPRASATH, FOUNDER MVIT-8825682917
NAME OF THE SCHEME	YOUTH DEVELOPMENT
NO. OF STUDENTS ATTENDED THE PROGRAM	580
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	NSS
DATE	31.10.2022
PROGRAM OBJECTIVE	THE MAIN OBJECTIVES OF THE INDIAN CONSTITUTION INCLUDE SOVEREIGNTY, SOCIALISM, SECULARISM, DEMOCRACY, AND REPUBLIC
PROGRAM OUTCOME	TO PROVIDE A SET OF BASIC RULES THAT ALLOW FOR MINIMAL COORDINATION AMONGST MEMBERS OF SOCIETY. TO SPECIFY WHO HAS THE POWER TO MAKE DECISIONS IN A SOCIETY


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National Service Scheme – (PD-02-047)

CONSTITUTION DAY – PLEDGE

The Constitution Day - Pledge was organised by our NSS Cell on October 31, 2022, at 2:00 pm. The Constitution Day is celebrated on November 26th every year in India to commemorate the adoption of the Constitution of India on this day in 1949. Pledge by the NSS Cell could be to create awareness and promote the significance of the Constitution among the students and the community. I swear allegiance to the Indian Constitution and the Republic it upholds—one nation, under God, indivisible, with liberty and justice for all. Mr. Prasanna, an B.Tech, EEE final year student, made the Pledge. On that day, **580 students** made their pledges.



Mr. Prasanna , EEE Final Year taking pledge on Constitution day



Our B.Tech First Year student are repeating the constitution day pledge



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NATIONAL SERVICE SCHEME CELL



EVENT

**AIDS AWARENESS
PROGRAMME**

NSS PROGRAMME OFFICER

Mr.R.Vijayaprasath, Assistant Professor / Dept. of GE

DATE: 28.11.2022



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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	AIDS AWARENESS PROGRAMME
NAME OF THE ORGANIZER	DR.S.SUBALAKSHMI ASSISTANT PROFESSOR 8870086625
NAME OF THE SCHEME	HEALTH AWARENESS
NO. OF STUDENTS ATTENDED THE PROGRAM	589
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	SRI MANAKULA VINAYAGAR MEDICAL COLLEGE AND HOSPITAL
DATE	28.11.2022
PROGRAM OBJECTIVE	THE AIM OF THE HIV/AIDS AWARENESS PROGRAMME IS TO EMPOWER AND INCREASE THE AWARENESS TO PARTICIPANTS OF HIV/AIDS, ITS IMPACT, MANAGEMENT AND AVAILABILITY OF SUPPORT SYSTEMS, THIS IS TO ENCOURAGE EARLY TESTING AND LIFESTYLE CHANGES THAT WILL THEREBY REDUCE AND PREVENT FURTHER INFECTION.
PROGRAM OUTCOME	THE PROGNOSIS IN PATIENTS WITH UNTREATED HIV INFECTION IS POOR, WITH AN OVERALL MORTALITY RATE OF MORE THAN 90%.


NSS PROGRAMME OFFICER




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National Service Scheme – (PD-02-047)

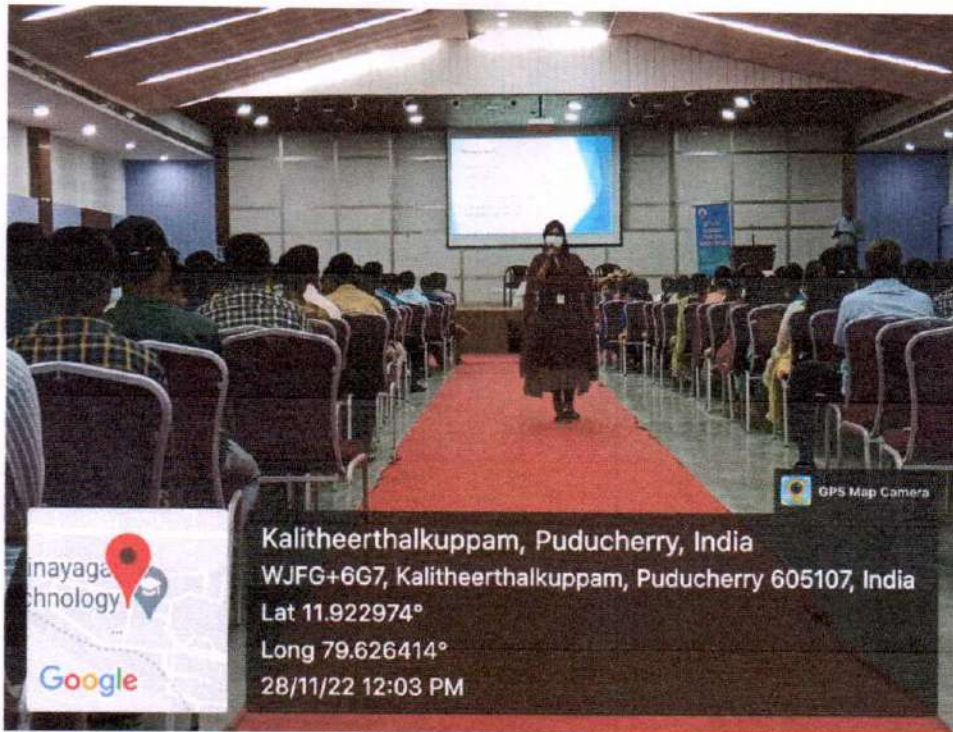
AIDS AWARENESS PROGRAMME

Our NSS cell in associated with Sri Manakula Vinayagar Medical College and Hospital were organized the AIDS awareness programme in 28th November 2022 at 11:30 am. The objective of AIDS awareness is to educate people about the risks of HIV and AIDS, how to prevent it, and how to support those living with it. This includes providing accurate information about the virus, encouraging regular testing, and promoting tolerance and acceptance of people living with HIV and AIDS. This awareness session was delivered conducted by Dr. Subalakshmi approximately 589 students participated.

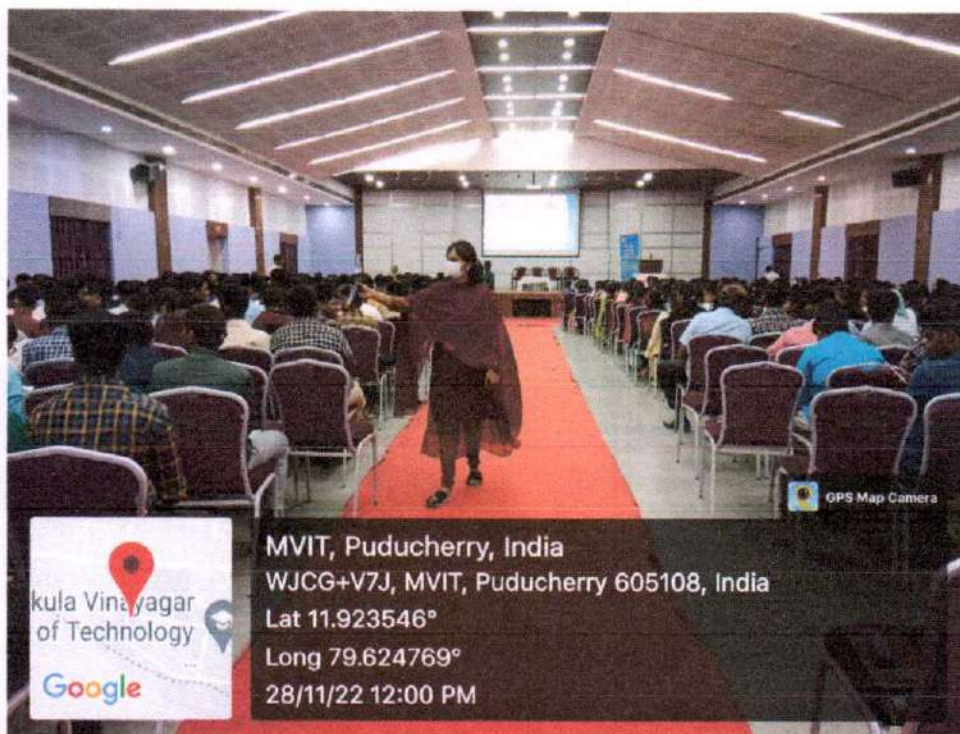


Our NSS cell and Red Ribbon Club organized the AIDS awareness programme



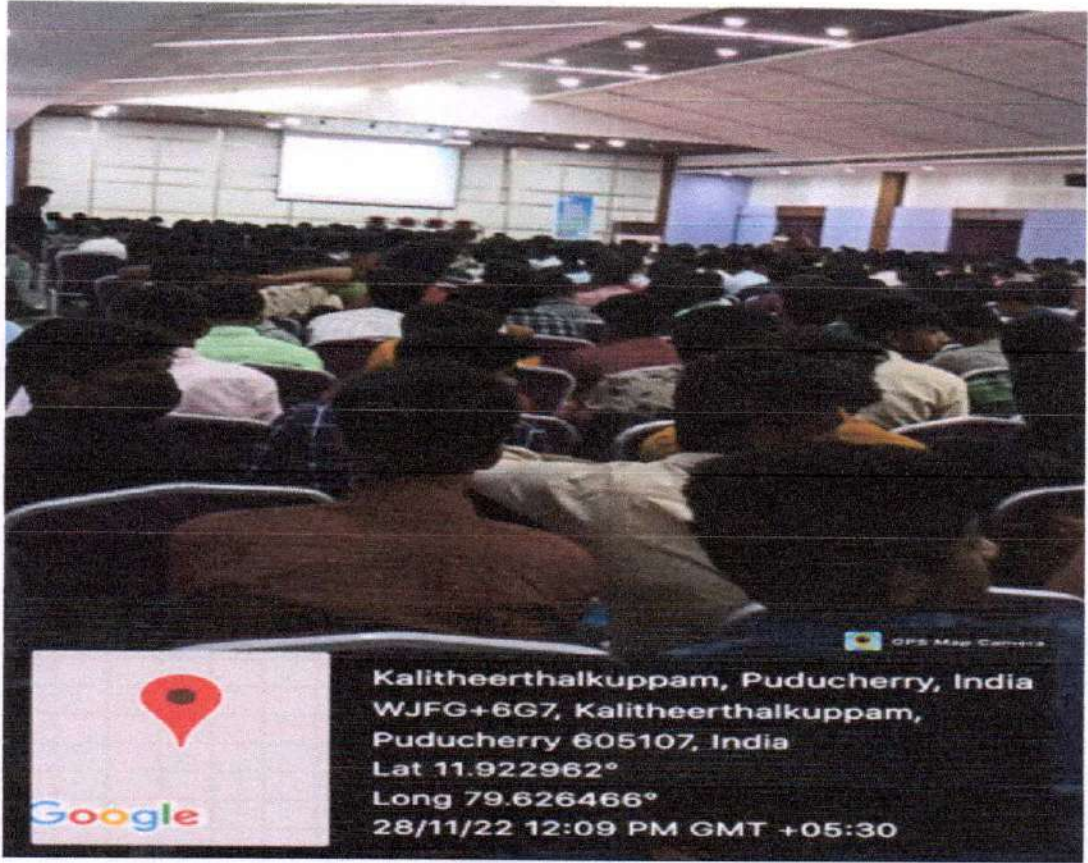


Dr. Subalakshmi from the hospital and medical college in Sri Manakula Vinayagar gave this presentation.



Students are interacted with the chief Guest





Students are actively participated in the session



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Submitted by

NATIONAL SERVICE SCHEME CELL



EVENT

**SPECIAL CAMP
PROGRAMME**

NSS PROGRAMME OFFICER

Mr.R.Vijayaprasath, Assistant Professor / Dept. of GE

DATE: 06.01.2023 to 12.01.2023



MANAKULA VINAYAGAR INSTITUTE OF TECHNOLOGY

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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	NSS - ORIENTATION PROGRAMME
NAME OF THE ORGANIZER	Ms.GOWRI, HEAD MISTRESS, GHS
NAME OF THE SCHEME	YOUTH DEVELOPMENT
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	GOVERNMENT HIGH SCHOOL, KALMANDABAM, PUDUCHERRY
DATE	06.01.2023
PROGRAM OBJECTIVE	TO PROVIDE ORIENTATION AND TRAINING TO NATIONAL SERVICE SCHEME (NSS) VOLUNTEERS.
PROGRAM OUTCOME	VOLUNTEERS WILL HAVE A BETTER UNDERSTANDING OF THEIR ROLES AND RESPONSIBILITIES AND WILL BE EQUIPPED WITH THE NECESSARY SKILLS AND KNOWLEDGE TO CARRY OUT THEIR DUTIES EFFECTIVELY.


NSS PROGRAMME OFFICER




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REPORT FOR SEVEN DAYS CAMP - NSS
ORIENTATION PROGRAMME



On the first day (06.01.2023) of our NSS camp, the event was presided over by the President and the Managing director of Manakula Vinyagar Educational Group Thanasekaran Vice President Sukumar and Secretary Dr. Narayanasamy Kesavan College Principal Dr. S. Malarkkan inaugurated the camp Mrs.Gowri who is the Headmaster of Kalmandapam government high school also participated in the program and the camp started on a grand note.

She encouraged the students of the National Welfare Program by saying that the inaugural event was about the role of the students in the society. The students and volunteers are enthusiastic and eager to start their community work. The NSS Special Camp is an excellent initiative, and it will provide students with valuable skills and experiences that will be useful in their future endeavors. This brought a happy end to the first day.





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Date: January 7, 2023

Time: 9:30 AM to 5:00 PM

Chief Guest: Mr. R. Vinothkumar

Welcome Address: K. Santhosh

NSS PO: Mr. R. Vijayaprasath

PROGRAMME SCHEDULE

1. Registration and Welcome Refreshments - 9:30 AM - 10:00 AM
2. Introduction to the Workshop - K. Santhosh - 10:00 AM - 10:15 AM
3. Keynote Address - Mr. R. Vinothkumar - 10:15 AM - 11:00 AM
4. Tea Break - 11:00 AM - 11:30 AM
5. Traditional Yoga Session - 11:30 AM - 1:00 PM
6. Lunch Break - 1:00 PM - 2:00 PM
7. Women Self-Defense Session - 2:00 PM - 3:30 PM
8. Tea Break - 3:30 PM - 4:00 PM
9. Discussion and Q&A - 4:00 PM - 4:45 PM
10. Vote of Thanks - Mr. R. Vijayaprasath - 4:45 PM - 5:00 PM





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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

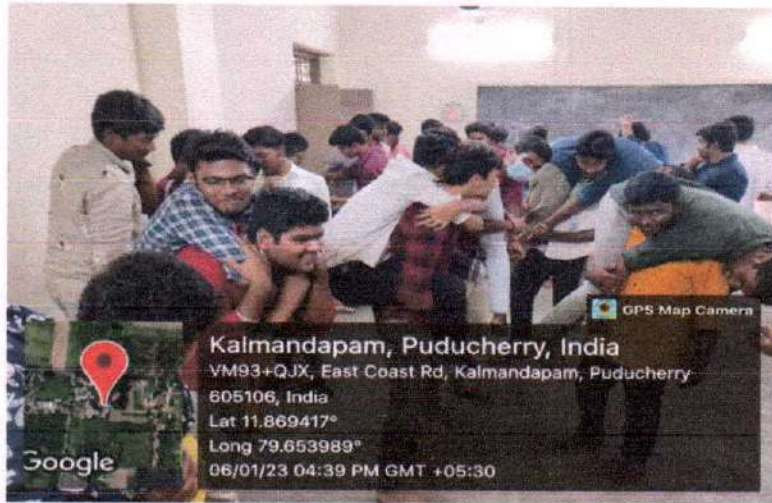
TITLE OF THE ACTIVITY	WORKSHOP ON TRADITIONAL YOGA AND SELF DEFENCE
NAME OF THE ORGANIZER	MR.R.VINOTH KUMAR
NAME OF THE SCHEME	FIT IINDIA
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	PARAMAATHMAM TRADITIONAL INDIAN FITNESS AND MARTIAL ARTS ACADEMY
DATE	07-01-23
PROGRAM OBJECTIVE	TO STRENGTHEN THE GLOBAL COORDINATION AMONG PEOPLE THROUGH YOGA
PROGRAM OUTCOME	YOGA IMPROVES STRENGTH, BALANCE AND FLEXIBILITY, SLOW MOVEMENTS AND DEEP BREATHING INCREASE BLOOD FLOW AND WARM UP MUSCLES, WHILE HOLDING A POSE CAN BUILD STRENGTH.


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WORKSHOP ON TRADITIONAL YOGA AND MARTIAL ARTS



On the second day (07.01.2023) we had a workshop on Traditional Yoga and Martial Arts by Paramathama Traditional Indian Fitness and Martial Arts Secretary Mr. R. Vinothkumar. He taught the students through various actions the various asanas that come from doing special camp yoga and the basic postures of our traditional self -defense techniques that are used to further protect ourselves and others those who are in dangerous situations. Students learned healthily.

The workshop was informative and engaging, and the participants learned a lot about traditional Indian fitness and martial arts. The participants were also able to ask questions and clarify their doubts with Mr. R. Vinothkumar. The NSS Special Camp continues to be a valuable learning experience for the students, and they are looking forward to the upcoming activities.





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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

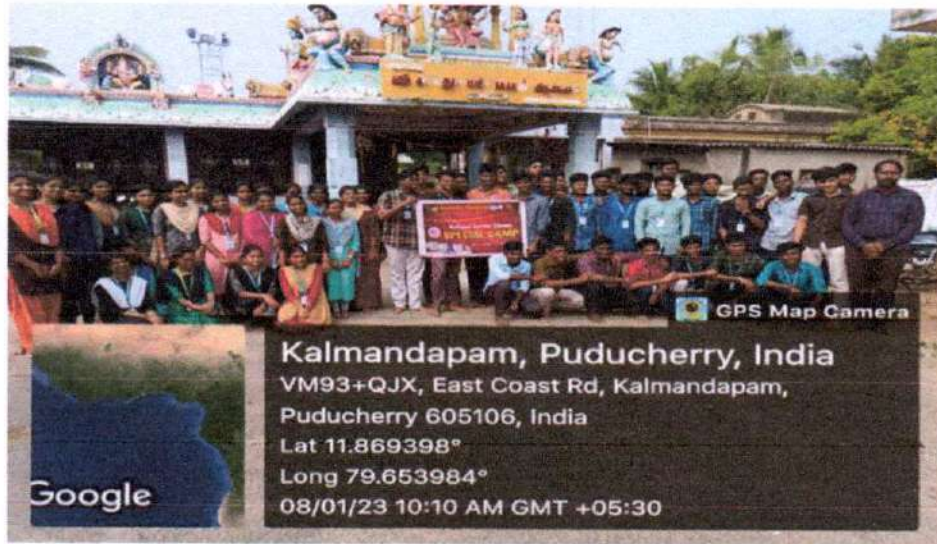
TITLE OF THE ACTIVITY	TEMPLE CLEANING
NAME OF THE ORGANIZER	S.RAJENDIRAN PRESIDENT, MUTHUMARIYAMMAN TEMPLE, PUDUCHERRY
NAME OF THE SCHEME	SWACHH BHARATH MISSION
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	PRESIDENT, MUTHUMARIYAMMAN TEMPLE, PUDUCHERRY
DATE	08.01.2023
PROGRAM OBJECTIVE	MAINTAINING CLEANLINESS AND HYGIENE: A CLEAN TEMPLE PROVIDES A SAFE AND HEALTHY ENVIRONMENT FOR WORSHIPPERS, VISITORS, AND STAFF. CREATING A WELCOMING ATMOSPHERE: A WELL-MAINTAINED TEMPLE IS MORE INVITING AND WELCOMING TO VISITORS, MAKING THEM FEEL MORE COMFORTABLE AND RELAXED DURING THEIR VISIT.
PROGRAM OUTCOME	INCREASED COMMUNITY ENGAGEMENT: TEMPLE CLEANING PROGRAMS CAN BE A GREAT WAY TO BRING PEOPLE TOGETHER AND ENCOURAGE COMMUNITY MEMBERS TO WORK TOWARDS A COMMON GOAL. BY PARTICIPATING IN THE PROGRAM, COMMUNITY MEMBERS MAY FEEL A GREATER SENSE OF CONNECTION TO THE TEMPLE AND TO EACH OTHER.


NSS PROGRAMME OFFICER



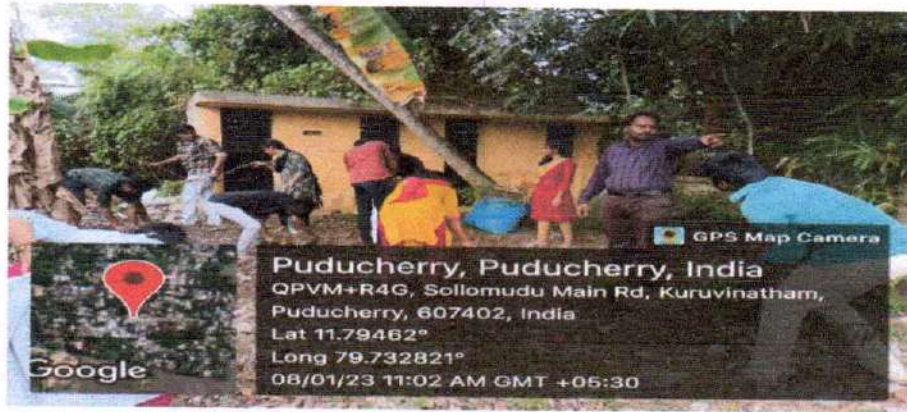

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TEMPLE CLEANING



On January 8th, 2023, the NSS Special Camp continued with its third day of activities. The morning session involved a temple cleaning and sapling planting program at Sri Muthu Mariamman Temple located in Puducherry. Under the leadership of Mr. Rajendran.





The temple was cleaned and saplings were planted around the temple. The students actively participated in this event. The cleaning team worked efficiently and diligently to ensure that the job was completed in a timely manner. The people of the village also participated with the students of our National Welfare Program. The temple cleaning and sapling planting program were successful in promoting cleanliness and environmental conservation. The participants gained valuable experience in community service and learned the importance of contributing to society in a meaningful way.

Overall, the third day of the NSS Special Camp was a success, and the participants are looking forward to the upcoming activities.





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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

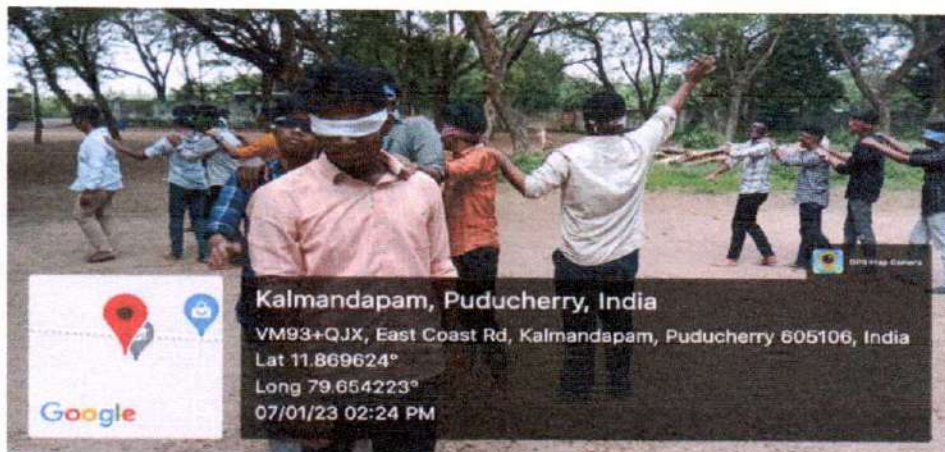
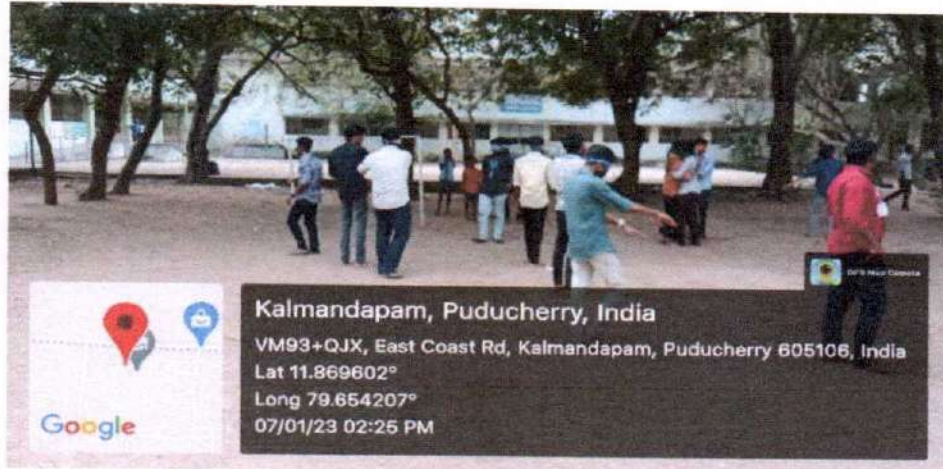
TITLE OF THE ACTIVITY	BLIND EVENT
NAME OF THE ORGANIZER	K.SANTHOSHKUMAR, NSS STUDENT SECRETARY DEPARTMENT OF ECE, MVIT
NAME OF THE SCHEME	LIFE SAVE PROGRAMME
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	K.SANTHOSHKUMAR, NSS STUDENT SECRETARY, DEPARTMENT OF ECE, MVIT
DATE	08.01.2023
PROGRAM OBJECTIVE	TO RAISE AWARENESS ABOUT VISUAL IMPAIRMENT, INCLUDING THE CHALLENGES THAT VISUALLY IMPAIRED INDIVIDUALS FACE IN THEIR DAILY LIVES.
PROGRAM OUTCOME	INCREASED AWARENESS AND SENSITIVITY TOWARDS INDIVIDUALS WITH VISUAL IMPAIRMENTS: THE EVENT CAN HELP PROMOTE AWARENESS AND UNDERSTANDING OF THE CHALLENGES THAT VISUALLY IMPAIRED INDIVIDUALS FACE IN THEIR DAILY LIVES


NSS PROGRAMME OFFICER



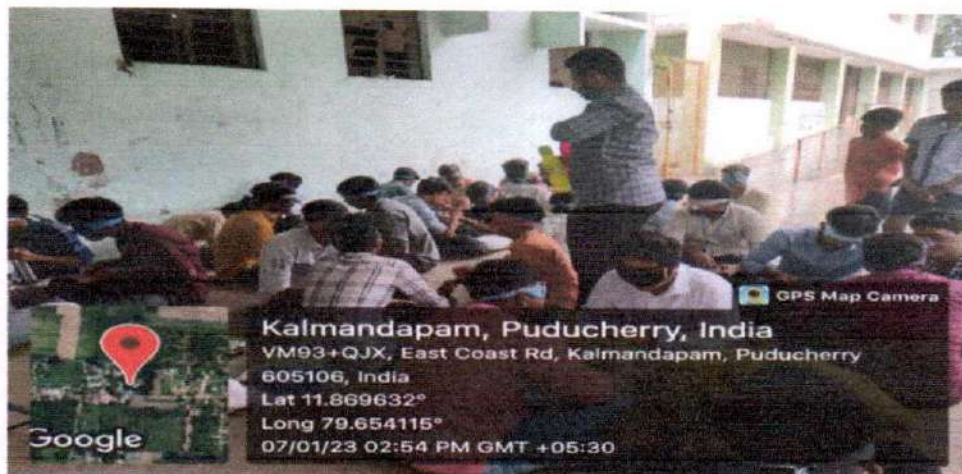

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BLIND EVENT



In the afternoon a blind event was conducted for the students to understand the plight of the blind. The program helped the students to understand the plight of the blind, promote their welfare and promote humanity. The blindfolded students were then asked to walk through the school surrounding and ground, simulating the experience of being visually impaired. The course included various challenges, such as steps, uneven surfaces, and obstacles, which helped the participants understand the difficulties faced by visually impaired people.





Students were treated to a blindfolded food-tasting session. The food items were kept anonymous, and the students had to guess the type of food they were tasting. This activity helped the participants understand how visually impaired people experience their food and how they rely on their other senses to identify different flavors and textures under the guidance of the seniors. The students who participated in this event could not even stay even for three hours without their eyes. Life is very difficult for people who have no eye sight for a long time. They took a pledge that in our lifetime we develop the attitude of helping the blind. The students actively participated in the event. Mr. Santhosh, Mr. Deena, Mr. Navin Kumar from ECE department and Mr. Jagadesh from RAE department, loved the event and conducted the program.





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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

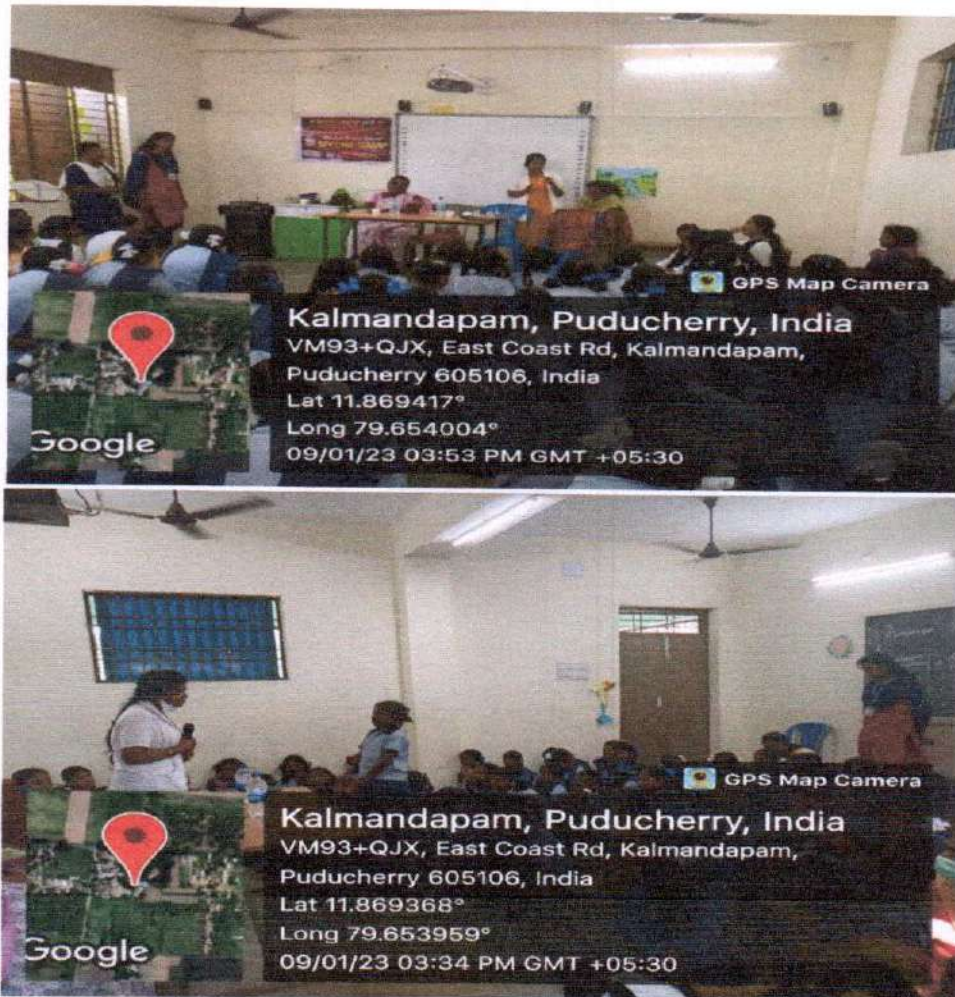
TITLE OF THE ACTIVITY	WOMEN EMPOWERMENT
NAME OF THE ORGANIZER	DR.JANANI MBBS & DR.A.L.DARMEPRIYA MBBS ARUPADAIVEEDU MEDICAL COLLEGE AND HOSPITAL, PUDUCHERRY
NAME OF THE SCHEME	HEALTH AWARENESS
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	MAHATHMA GANDHI MEDICAL COLLEGE AND HOSPITAL, PUDUCHERRY
DATE	09.01.2023
PROGRAM OBJECTIVE	TO UPHOLD WOMEN'S ACHIEVEMENTS, RECOGNIZE CHALLENGES, AND FOCUS GREATER ATTENTION ON WOMEN'S RIGHTS
PROGRAM OUTCOME	WOMEN'S EMPOWERMENT AND GENDER EQUALITY ARE "ESSENTIAL TO GLOBAL PROGRESS"


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WOMEN EMPOWERMENT



Dr. Janani and Dr. AL Dharmapriya from Mahatma Gandhi college and hospital participated as special guests in an awareness program for women on the topic of women empowerment on the fourth day(09.01.2023). The female teachers of the school also participated in the event. Dr. Janani introduced the good and bad touching to the students to protect themselves and Dr. Dharmapriya gave a lecture on breast cancer in women. The program was well received and the students had a great time learning about their self awareness. Overall, the awareness program was succesaful. Ms. Suji a second year studentfrom ECE department, coordinated the music for the event.





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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

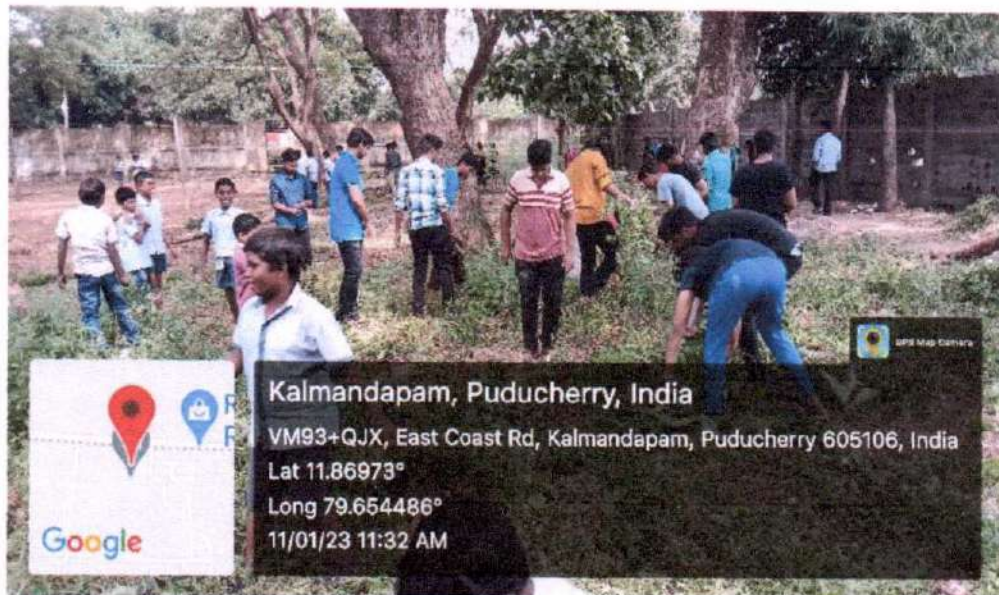
TITLE OF THE ACTIVITY	SCHOOL CAMPUS CLEANING
NAME OF THE ORGANIZER	MR.BALAMURUGAN, PHYSICAL EDUCATION TEACHER, GOVT.HIGH SCHOOL,KALAMANDALAM
NAME OF THE SCHEME	SWACHH BHARAT MISSION
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	MR.BALAMURUGAN, PHYSICAL EDUCATION TEACHER, GOVT.HIGH SCHOOL,KALAMANDALAMY
DATE	10.01.2023
PROGRAM OBJECTIVE	1. TO REDUCE THE AMOUNT OF DUST, DIRT AND DEBRIS ON THE SCHOOL CAMPUS. 2. TO MAINTAIN A HYGIENIC AND HEALTHY ENVIRONMENT FOR STUDENTS AND STAFF. 3. TO CREATE A SAFE AND WELCOMING ENVIRONMENT FOR VISITORS AND GUESTS.
PROGRAM OUTCOME	THE OUTCOME OF A SCHOOL CAMPUS CLEANING WOULD BE A CLEANER AND MORE ORGANIZED SCHOOL ENVIRONMENT.


NSS PROGRAMME OFFICER



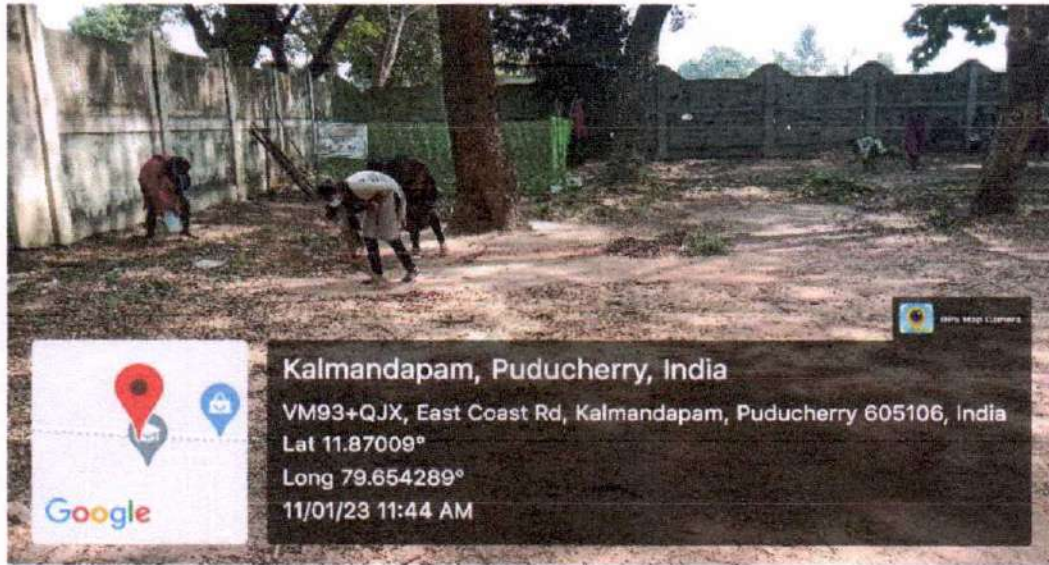

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SCHOOL CAMPUS CLEANING



On the 5th day(10.01.2023), the property development work of the school campus was held at 10:00 am. In this event, in the presence of Mr. Balamurugan, the physical education teacher of the school, the entire school campus was cleaned by the students of the National Welfare Program of the college and the students of the school, saplings were planted throughout the school.





On the sixth day(11.01.2023), under the leadership of Mr. Balamurugan, the physical education teacher of the school, the entire school campus was thoroughly cleaned, including the grounds and marigolds were planted. The campus was spruced up with new plants being planted around the campus. The students actively participated in the campus cleaning. Overall the campus cleaning and saplings was successful and the campus now looks brighter and more inviting. The school campus cleaning program was coordinated by Santosh, a second-year IOT Department student, and Ramkumar, a second-year ECE student.





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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	MOTIVTIONAL SPEECH
NAME OF THE ORGANIZER	Mr.NAVIN KUMAR, DEPT. OF ECE, NSS VOLUNTEER
NAME OF THE SCHEME	HEALTH AND LIFE SAVE PROGRAMME
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	NATIONAL SERVICE SCHEME
DATE	11.01.2023
PROGRAM OBJECTIVE	TO MOTIVATE AND EMPOWER BOARD EXAM STUDENTS TO EXCEL IN THEIR STUDIES AND ACHIEVE THEIR ACADEMIC GOALS.
PROGRAM OUTCOME	OVERCOME EXAM ANXIETY AND STRESS, AND DEVELOP HEALTHY COPING MECHANISMS TO MANAGE ACADEMIC PRESSURE. IDENTIFY THEIR STRENGTHS AND AREAS OF IMPROVEMENT, AND TAKE PROACTIVE STEPS TO WORK ON THEIR WEAKNESSES.


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MOTIVATIONAL SPEECH ON THE TOPIC STUDENTS' ROLE IN EDUCATION



That afternoon, Bodhi Garden School Principal Mr. Pugahendi gave a program to the students on the role of students in education so that the students can easily understand the rules to be observed while writing the exam, to make the students understand their own progress, family progress and social progress due to educational progress, by providing students with a program called "Student's Role in Education," and raising awareness for students to write exams well. At the end of the program the students assured that the program was useful and that they will score high marks in the exam.



ADOLSCENCE



In the next event, an awareness program for adolescents was organized by Dr. Kulandaisamy of Kanjima Munivar Government Degree Center and Research Institute to make the students aware of the problems that occur during adolescence and how to deal with them and stay away from them. The program included a presentation by experts in the field of adolescent psychology, and a guided discussion about the issues faced by the adolescents. The program also included activities to raise awareness about the importance of seeking help when needed. The program was well-received and the students had a great time leaning about the issues faced by adolescents and how to deal with them. Overall, the awareness program was successful and the students gained a better understanding of the issues faced by the adolescents and how to deal with them.





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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

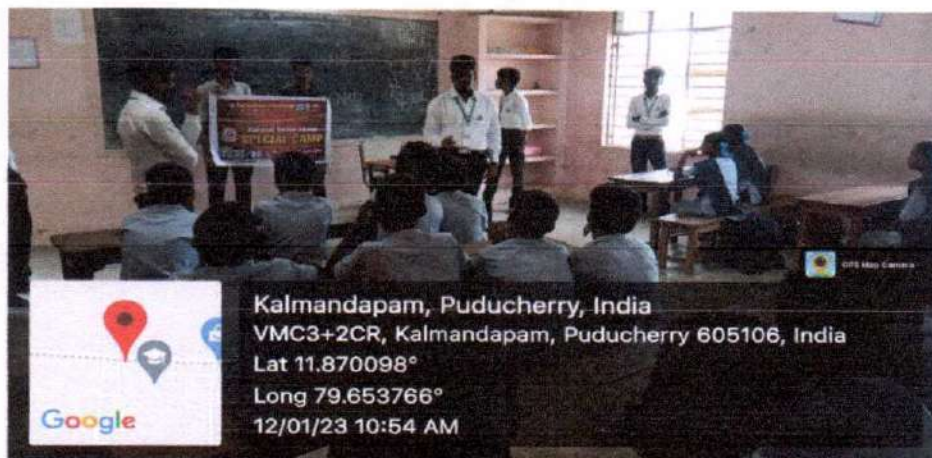
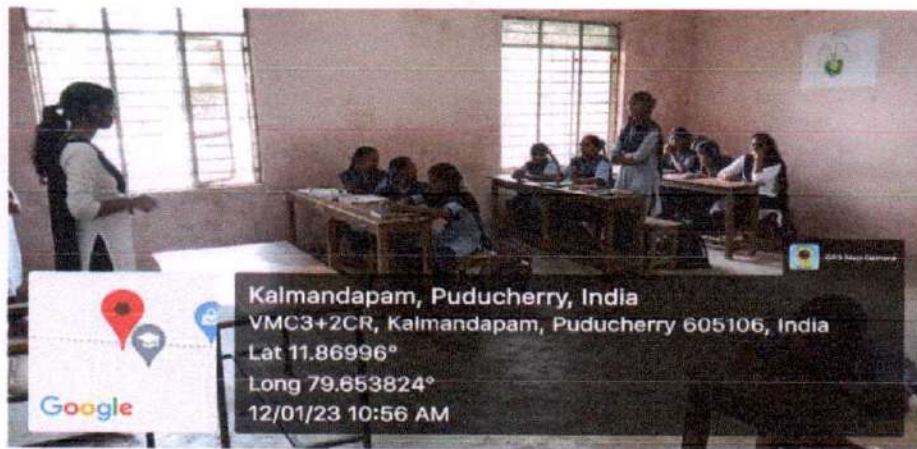
TITLE OF THE ACTIVITY	STUDENTS MOTVATION PROGRAMME
NAME OF THE ORGANIZER	MR.PUGAZHANDHI, LIFE SKILL COACH AND DEVELOPMENT CONSULTANT BODHI GARDEN SCHOOL
NAME OF THE SCHEME	YOUTH DEVELOPMENT
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	NSS
DATE	11.01.2023
PROGRAM OBJECTIVE	INCREASING STUDENT ENGAGEMENT AND PARTICIPATION IN SCHOOL ACTIVITIES AND PROGRAMS. IMPROVING STUDENT ATTENDANCE AND REDUCING ABSENTEEISM.
PROGRAM OUTCOME	INCREASED ENGAGEMENT: A SUCCESSFUL STUDENT MOTIVATION PROGRAM CAN HELP STUDENTS BECOME MORE ENGAGED IN THEIR LEARNING. THIS MAY INVOLVE INCORPORATING MORE INTERACTIVE AND HANDS-ON ACTIVITIES, ENCOURAGING STUDENT PARTICIPATION IN CLASS, OR PROVIDING OPPORTUNITIES FOR STUDENTS TO COLLABORATE WITH THEIR PEERS.


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MOTIVATIONAL SPEECH BY STUDENTS



In the afternoon students gave motivational speech to the school students. As a student motivation plays a key role in your success. It's what drives you to take on challenges, push yourself to do better and strive for excellence. It's what gives you energy and enthusiasm to go the extra mile and strive for greatness. The school students were interactive and active during the session. Overall the program was interactive and students gained extra knowledge.





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Circular

Ref.No: NSS Cell/Circular / 2022 – 23 /

Date: 09.01.2023

This is to inform you that our college's NSS unit is planning to conduct a National Youth Day programme at Government High School, Kalmandabam, Puducherry on January 12th, 2023 at 10:00 am in the school premises. We encourage all NSS volunteers to attend and work alongside school students to create awareness about youth participation in social welfare responsibilities and promote their personal growth through this programme.


NSS PROGRAMME OFFICER


COORDINATOR


PRINCIPAL
9.1.23

Copy To:

1. All the Hod's
2. Circulate to all second year classes
3. NSS file
4. All Notice board




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ACADEMIC YEAR 2022-23

NATIONAL SERVICE SCHEME – REPORT

TITLE OF THE ACTIVITY	YOUTH DAY CELEBRATION
NAME OF THE ORGANIZER	Mr.R.VIJAYAPRASATH, FOUNDER MVIT-8825682917
NAME OF THE SCHEME	YOUNG INDIA
NO. OF STUDENTS ATTENDED THE PROGRAM	59
ORGANIZING UNIT / AGENCY / COLLABORATING AGENCY	NSS
DATE	12.01..2023
PROGRAM OBJECTIVE	To celebrate and recognize the contributions and achievements of young people in society.
PROGRAM OUTCOME	Participants will feel empowered and inspired to make positive changes in their communities.


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YOUTH DAY CELEBRATION



On the 7th day(12.01.2023) morning Youth Day was celebrated under the guidance of State Welfare Program Officer Satish Kumar. The event included performances like inspiring speeches from the students. The event also included awards for the school students who were interactive during sessions. The event was well-received and the students had a great time celebrating and recognizing the efforts of the youth. Overall, the youth day celebration was successful and the students gained a better appreciation of the contributions of young people in the community. The event was organized by Mr. Vinoth, a second year ECE student from National Welfare Program and the students of the school painted the statue of Swami Vivekananda and created awareness among the students. Akshaya from 1st year IT department prayer and Albi Maria from 1st year AIML department spoke to the students on the topic 'Role of Youth in Today's Society'.





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CRITERIA 3- RESEARCH, INNOVATIONS AND EXTENSION

WORLD ENVIRONMENT DAY CELEBRATION

WORLD ENVIRONMENT DAY CELEBRATION- 2022 TRAFFIC SURVEY REPORT



On the occasion of World Environmental day celebration, traffic awareness survey was arranged by Dept of Mechanical Engg and IEI students Chapter in association with puducherry police department.

World Environment day is celebrated by organizing an traffic awareness survey in association with Institution of Engineers IE (I) Puducherry State center and puducherry police department.

Shri.M.Dhanasekaran, Chairman and Managing Director, Sri Manakula Vinayagar Educational Trust, presided over the function. Shri.S.V.Sugumaran, EX.M.L.A (Mangalam Constituency), Vice Chairman and Dr K.Narayanasamy Secretary, Sri Manakula Vinayagar Educational Trust, felicitated the program.

Mr.Maran, superintendent of Police was the Chief Guest flagged off the traffic survey.

Dr.S.Malarkkan, Principal, Manakula Vinayagar Institute of Technology gave the Welcome address. Dr.B.Radjaram, chairman, The IE (I) Puducherry State Center cum Professor & Head, Department of Mechanical Engineering delivered the Vote of Thanks.

The Traffic survey was conducted at various places of Puducherry, IG Square, raja theatre, uppalam, old bus stand, 45 feet road, and athithi signal. The students were involved in the traffic survey and create the awareness among the society.



HOD/MECH

Dr. B. RADJARAM, M.Tech., Ph.D.
Professor & Head
Dept of Mechanical Engineering
Manakula Vinayagar Institute of Technology,
Puducherry 605 105



PRINCIPAL



MANAKULA VINAYAGAR INSTITUTE OF TECHNOLOGY

Kalitheerthalkuppam, Madagadipet, Puducherry - 605 107

CRITERIA 3- RESEARCH, INNOVATIONS AND EXTENSION

WOMEN EMPOWERMENT CELL





MANAKULA VINAYAGAR INSTITUTE OF TECHNOLOGY




Kalitheerthalkuppam, Madagadipet, Puducherry - 605 107

WOMEN EMPOWERMENT CELL



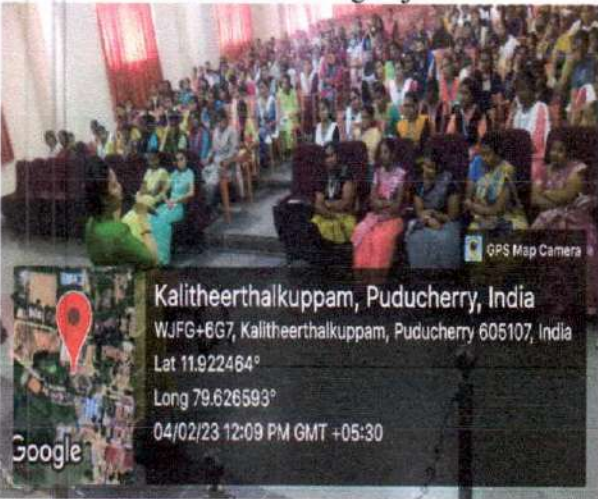
REPORT ON PROGRAMMES CONDUCTED DURING THE ACADEMIC YEAR 2022-23

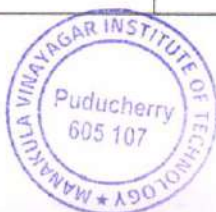
S.NO	ACTIVITY CONDUCTED	DATE	OUTCOME	NO.OF PARTICIPANTS
1	<p>Guest lecture on "<i>Legal Awareness program</i>" by Mrs.Reena Iswariya, Advocate,Puducherry</p> 	03.10.2022	Enhancement of legal acumen with the objective of bringing social change.	385
2	<p>Guest lecture on "<i>Breast & Cervical Cancer</i>" by Dr.Sharmila Nagarajan</p> 	14.10.2022	To help in early diagnosis and subsequent treatment and a better outcome	70






3	<p align="center">Workshop on <i>SELF DEFENSE</i></p>  <p align="center">GPS Map Camera Kalitheerthalkuppam, Puducherry, India kalitheerthal kuppam, WJCG+XMH, Kalitheerthalkuppam, Puducherry 605108, India Lat 11.922483° Long 79.626619° 03/12/22 04:09 PM GMT +05:30</p>	03.12.2022	The students have the chance to see the live demo of the self defence techniques as demonstrated by the NSS PO and a student volunteer and also got different self-protection tips on how to tackle the attacker	118
4	<p align="center">Special lecture on “Self Grooming” by Dr.N.Poonguzhali, ASP/ WEC Coordinator</p>  <p align="center">GPS Map Camera Kalitheerthalkuppam, Puducherry, India kalitheerthal kuppam, WJCG+XMH, Kalitheerthalkuppam, Puducherry 605108, India Lat 11.922486° Long 79.62663° 14/12/22 03:30 PM GMT +05:30</p>	14.12.2022	Students had a grasp of the core concepts of basic grooming.	
5	<p align="center">Guest lecture on “Nutrition for Working Women- An Update” by Ms. A.Leelavady, Certified Diabetic Educator, DPH, PGD in Sports Nutrition</p>  <p align="center">GPS Map Camera Manakula Vinayagar Institute of Technology Kalitheerthalkuppam, Madagadipet, Puducherry, India Lat 11.922222° Long 79.628571° 17/12/22 02:22 PM GMT +05:30</p>	21.06.2022	Gained knowledge on nutrition assessment, planning, implementation, monitoring and follow up in nutrition care process	106






6	<p>Session on Personality Development” by Dr.N.Poonguzhali, ASP/ WEC Coordinator</p> 	20.12.2022	The importance of personality development in both personal and professional life was made clear to the students.	430
7.	<p>National Girl Child Day</p> 	30.01.2023	Students got Knowledge on rights of a girl child and promoted the importance of their education, health, and nutrition.	30
8.	<p><i>CANCER AWARENESS SESSION ON “Early Detection for Your Protection”</i> by Dr.Sharmila Nagarajan</p> 	04.2.2023	To help in early diagnosis and subsequent treatment and a better outcome	209



9.	<p>“Self Grooming and Personality Development” session by Dr.R.Valli, Professor/R&D Coordinator</p> 	15.02.2023	Learned to evaluate oneself (self appraisal and introspection) for further growth, personally and professionally.	46
	<p>“START UP TAMIL” in association with Velli Venture</p> 	22.02.2023	Students developed their entrepreneurial skill and learnt to validate their ideas	400
	<p>“Self Grooming and Personality Development” session by Dr.R.Valli, Professor/R&D Coordinator</p> 	08.03.2023	To create awareness of gender equality for a healthy society.	350



12	<p>WOMEN INSPIRING STORIES FOR WOMEN - ASSIST WORLD RECORD</p> 	29.04.2023	To inspire women and raising self-esteem and self-confidence of women	55
13	<p>Rally on World No Tobacco day</p> 	31.05.2023	Created awareness among the rural area on the deadly nature of using tobacco	100
14	<p>Yi SRTN - 'Studentpreneur Edition 2- Homepreneur Awards</p> 	09.07.2023	Students participated and	

[Handwritten Signature]

COORDINATOR

Copy To:

1. Principal
2. File