



MANAKULA VINAYAGAR INSTITUTE OF TECHNOLOGY

(Approved by AICTE , Affiliated to Pondicherry University and Accredited by NBA)
Kalitheerthalkuppam, Puducherry - 605107.



Department of Management Studies

Carrier Development Program

On

“Yoga fitness-Health and hygiene”



Date: 31.10.2025

Venue: Backside Auditorium



MANAKULA VINAYAGAR INSTITUTE OF TECHNOLOGY
Approved by AICTE, New Delhi and Affiliated to Pondicherry University
Accredited by NBA & NAAC 'A' Grade
Kali theerthalkuppam, Puducherry - 605107



DEPARTMENT OF MANAGEMENT STUDIES



**Dr. P. Baskaran, Head of the Department of Management Studies, honored Chief Guest
Mr R.Vijayaprasath ,Assistant Professor/Physics,NSS Program Officer, Manakula
Vinayagar Institute Of Technology**



The Department of Management Studies Coordinate “Yoga fitness-Health and hygiene” organized for the II Year MBA Students on the date of 31.10.2025 by Mr R.Vijayaprasath ,Assistant Professor/Physics,NSS Program Officer, Manakula Vinayagar Institute Of Technology



The Department of Management Studies Coordinate “Yoga fitness-Health and hygiene” organized for the II Year MBA Students on the date of 31.10.2025 by the Trainer gave useful session about Yoga training well beings